



**40<sup>TH</sup>**  
ANNIVERSARY  
1978-2018

# SUPPORT GROUPS

Lou Gehrig's Disease

January– June 2019

## LANSING

6:30 PM - 8:00 PM  
3rd Tuesday

Holt United Methodist Church  
2321 N. Aurelius Rd.  
Holt, MI 48842

January 15  
February 19  
March 19  
April 16  
May 21  
June 18

## MIDLAND

6:00 PM - 7:30 PM  
2nd Wednesday

Mid-Michigan Medical Center  
4000 Wellness Dr.  
Room H1225  
Midland, MI 48670

**ON HOLD UNTIL  
FURTHER  
NOTICE!**

## SOUTHFIELD

6:30 PM - 8:00 PM  
1st Monday

ALS of Michigan Office  
24359 Northwestern Hwy.,  
Suite 100  
Southfield, MI 48075

January 7  
February 4  
March 4  
April 1  
May 6  
June 3

## STERLING HTS.

6:30 PM - 8:00 PM  
2nd Tuesday

Utica United Methodist Church  
8650 Canal Rd.  
Sterling Heights, MI 48314

January 8  
February 12  
March 12  
April 9  
May 14  
June 11

**\*\*Please note NEW change in  
support group day!!**

## NORTHVILLE

6:30 PM - 8:00 PM  
1st Wednesday

Ward Church  
40000 Six Mile Rd.  
Northville, MI 48168

January 2  
February 6  
March 6  
April 3  
May 1  
June 5

Support groups are free and open to all pALS (people with ALS), their families, friends and caregivers (unless otherwise indicated).

Attend as many groups as you wish, in any location. All groups are drop-in; no

pre-registration is required. For information or to be added to a support group reminder mailing list call

(800) 882-5764.

*\* date change due to holiday*